New Meal Pattern is here!! Per federal guidelines, students must take at least three items and one MUST be at least a half cup serving of fruit or vegetable with their meal. A choice of fruit is offered daily. Low fat white or non fat flavored milk offered with every meal. Deli sandwiches are available on whole wheat or white bread. Salads include a choice of whole wheat or white grain component and cheese or beans as vegetarian option. Peanut Butter & Jelly and Cheese Sandwiches are available every day on either whole wheat or white bread.

Condiments offered daily are: Ketchup, Mustard, Light Mayo, Ranch & Italian dressing.

“Sides” Available Every Day: Assorted fresh Vegetable Cups (includes beans and legumes) and fresh & canned Fruit Cups. Condiments offered daily are: Ketchup, Mustard, Light Mayo, Ranch & Italian dressing.

Fast Food Potato Choices: Monday and Friday = Wedges Tuesday = Hash Brown Patty Wednesday = Potato Puffs Corn and Tossed Salad is served on Thursday Pizza Day!